



JEWISH HEALING CENTER OF LOS ANGELES

INVITES YOU TO PARTICIPATE IN

Refsha'Einu

A monthly healing service open to everyone seeking community and comfort

MONDAY, JANUARY 23, 2012

“Be still and know that I am within.” (Psalms 46:11)

An evening of Jewish Meditation with

RABBI CARLA HOWARD

Both beginning and seasoned meditators welcome.

The services are designed to bring well-being and wholeness to those facing life challenges—their own or those of a loved one



Each chanting/meditation service will be followed by a dialogue focusing on a specific life challenge.

7:30 TO 9:00 PM, TEMPLE BETH AM, 1039 LA CIENEGA BOULEVARD, LOS ANGELES * 310-652-7353

Services led by RABBI CARLA HOWARD, Founder and Executive Director of Jewish Healing and Hospice Center of Los Angeles * 310-277-1550

NO CHARGE

Visit our website for upcoming activities: www.jhcla.org.

